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## Holly Hoff, LPC

## Education

Master of Arts in Professional Counseling – 2017 – Liberty University, Lynchburg, VA Bachelor of Science in Psychology/Christian Counseling – 2013 – Lynchburg, VA

## **Areas of Professional Expertise**

- Individual and Group Therapy
- Substance Use Disorders and Addictions.
- Anxiety Related Disorders.
- Depression Related Disorders.
- Trauma Related Disorders.
- Bipolar Disorders.

Fees: See Fee schedule and agreement to pay for professional services in Client Intake Notice.

**Confidentiality:** Confidentiality is maintained by regulations set forth by state and federal regulations governing confidentiality; 42 CFR, Part 2, and the Health Insurance Portability and Accountability Act of 1996 (HIPAA), 45 CFR PTS 160 and 164, as well as regulations and the ACA Code of Ethics.

## Following is Article 3, sec 200 under LPC Miscellaneous Provisions Sec. 08.29.200

(a) A person licensed under this chapter may not reveal to another person a communication made to the licensee by a client about a matter concerning which the client has employed the licensee in a professional capacity. This section does not apply to

(1) a communication to a potential victim, the family of a potential victim, law enforcement authorities, or

other appropriate authorities concerning a clear and immediate probability of physical harm to the client, other individuals, or society;

(2) a case conference or case consultation with other mental health professionals at which the patient is not identified;

(3) the release of information that the client in writing authorized the licensee to reveal;

(4) information released to the board during the investigation of a complaint or as part of a disciplinary or other proceeding; or

(5) situations where the rules of evidence applicable to the psychotherapist-patient privilege allow the release of the information.

(b) Notwithstanding (a) of this section, a person licensed under this chapter shall report incidents of

Alcohol and Drug treatment records are protected under the Federal regulations governing confidentiality and drug abuse patient records, 42CFR Part 2, and through the health insurance portability and accountability act of 1996(HIPAA, 45CF>R. PTS 160 and 164, and cannot be disclosed without my written consent unless otherwise provided for b the regulations

(1) child abuse or neglect as required by AS 47.17;

(2) harm or assaults suffered by an elderly person or disabled adult as required by AS 47.24.

(c) Information obtained by the board under (a)(4) of this section is confidential and is not a public record for

purposes of AS 09.25.110 - 09.25.140.

The above information is required by the State of Alaska Board of Professional Counselors which regulates all licensed professional counselors and can be contacted at P.O. Box 110806, Juneau, AK. 99811-0806 or by phone at 907-465-2551