



## Olive Tree Counseling, Inc.

1981 E. Palmer-Wasilla Hwy. Suite 220, Wasilla, Alaska 99654  
Phone: 907-357-6513 Fax: 907-357-6514

Shelly J. Thomas, LMFT

### Education:

Masters Degree in Counseling Psychology 1999- National University, San Diego, CA  
Bachelor's Degree in business Administration Emphasis in Health Services Management  
1987-National University, San Diego, CA.  
Licensed Vocational Nurse – Grossmont College, La Mesa, CA.

### Areas of Professional Expertise

- Marriage and Family Therapy
- Individual and group therapy
- Anger management, grief and loss, depression, anxiety, parenting, substance abuse, sexual addictions and life transition issues

**Fees:** See Fee schedule and agreement to pay for professional services in client Intake Notice.

### Confidentiality:

Confidentiality is maintained by state and federal regulations governing confidentiality; 42 CFR , Part 2, and the Health Insurance Portability and Accountability Act of 1996 (HIPAA), 45 CFR PTS 160 and 164, as well as regulations and the LMFT code of Ethics.

**Following is Article 3, sec 200 under LMFT General Provisions Sec. 08.63.200. Confidentiality of communication.** (a) A person licensed under this chapter may not reveal to

another person a communication made to the licensee by a client about a matter concerning which the client has employed the licensee in a professional capacity. This section does not apply to

(1) a case conference or case consultation with other mental health professionals at which the patient is not identified;

(2) the release of information that the client in writing authorized the licensee to reveal;

(3) information released to the board as part of a disciplinary or other proceeding;

(4) situations where the rules of evidence applicable to the psychotherapist-patient privilege allow the release of the information;

(5) a communication to a potential victim or to law enforcement officers where a threat of imminent serious physical harm to an identified victim has been made by a client; or

(6) a disclosure revealing a communication about an act that the licensee has reasonable cause to suspect constitutes unlawful or unethical conduct that would be grounds for imposition of disciplinary sanctions by a person licensed to provide health or mental health services, if the disclosure is made only to the licensing board with jurisdiction over the person who allegedly committed the act, and the disclosure is made in good faith.

(b) Notwithstanding (a) of this section, a person licensed under this chapter shall report incidents of

(1) child abuse or neglect as required by AS 47.17;

(2) harm or assaults suffered by an elderly person or disabled adult as required by AS 47.24.

(c) Information obtained by the board under (a)(3) of this section is confidential and is not a public record for purposes of AS 09.25.110 — 09.25.140.

The above “information is required by the Alaska State Board of Marital and Family therapy, which regulates all Licensed Marital and Family Therapist”. The Board of Marital and Family Therapy can be contacted at P.O. Box 110806, Juneau, Alaska 99811-0806 or at 907-465-2551